

CHARITY YOGA CLASS

POWER!
professionals organized & working to enrich the region
SUPPORTS

All proceeds benefit Childhood Hunger
Through the CEO Organization

The holidays are times of happiness, but for many they can be times of hunger, especially for the children.

Did you know that families with children are nearly twice as likely to suffer from hunger?

CEO is feeding hungry kids every day and working toward a day when no child will grow hungry.

Monday, December 15th

6:00 pm to 7:30 pm

Hazleton Health & Wellness Center

50 Moisey Drive, Hazleton

INTRODUCTION TO BAPTISTE POWER VINYASA YOGA

TAUGHT BY CERTIFIED Baptiste POWER VINYASA YOGA Instructor

MICHELE FISHER

mystic yoga

This Class is open to ALL ages from the beginner student to the experienced student

\$10.00 per person

Please register for class by calling 582-9641 or e-mail michele@mysticyogastudio.com

www.mysticyogastudio.com